



KR ARTS AND SCIENCE COLLEGE

உள்ளூவதெல்லாம் உயர்வுள்ளல்

Run by KR Educational and Charitable Trust
[Affiliated to Madurai Kamaraj University]

A Sound Mind in a Sound Body

B.Sc. PHYSICAL EDUCATION

Educate the Body, Elevate the Life

ELIGIBILITY

- Must have completed 12th standard.
- Interest in sports and physical activities.
- Students from any subject stream

DURATION

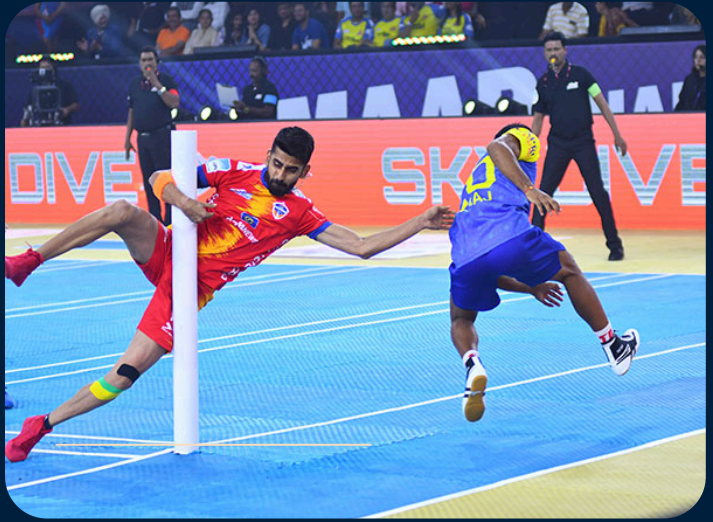
3 years (for degree course).

**Admission
Open**



PHYSICAL EDUCATION

Physical Education (PE) is a subject that focuses on improving physical fitness, motor skills, and overall health through sports and exercises. It helps students develop strength, teamwork, discipline, and a healthy lifestyle. To nurture sports professionals by imparting quality education, training, research, development and innovation in the field of physical education, health education and sports.



- Improves physical fitness
- Develops motor skills
- Encourages teamwork
- Builds confidence
- Promotes healthy habits

YOGA

Exercise is the key to a healthy life.

BASKETBALL



Football



Badminton

Step into Wellness



Benefits of Physical Education

Physical Benefits

- Improves strength and stamina
- Maintains healthy body weight
- Increases flexibility

Mental Benefits

- Reduces stress
- Improves concentration
- Boosts self-confidence



Career Opportunities

- Fitness Trainer
- Health Consultant
- Physical Therapist
- Gym instructor
- Sports Journalist
- Physical Education Teacher
- Umpair/Refree
- School, College, University Physical Instructor/Director
- Coach





Document Submission

- 10th Mark Sheet copy.
- 12th Mark Sheet copy.
- Transfer Certificate (TC).
- Passport Size Photos and ID Proof.
- Community Certificate (if required).



+91 8072297109

www.krcolleges.in

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T.KALLUPATTI, MADURAI-625 703.

NATIONAL CADET CORPS



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